



SEASON 1: EPISODE 1 DISCUSSION GUIDE

Use this guide for your personal observations or when leading a small-to-large group discussion.

GENUINE LEADERSHIP:

Genuine Leadership is leading with your strengths in balance.

The genuine leadership journey comprises of three primary elements:

- Understanding your Significance
- Identifying who you Genuinely are
- Getting out of the Leadership PIT

LET'S DIG IN!

1. Jamie specifies a moment when she realized it “was okay to be her.” That she no longer needed to compare herself to others or try to be like them. In what ways are you comparing yourselves to others or trying to be like them?
2. Jamie then realizes all of her God-given traits are to be appreciated by her. What strengths/traits/skills come natural to you? Take an objective look at yourself and think about what you excel at, experiences you’ve had, skills you’ve built, and areas you’ve been praised.
3. When Jamie shares that her Leadership PIT moment was realizing she was consumed with work, could you relate? Do you find your identity, worth, value in your job? If so, where would you prefer to find your value?
4. One of the strategies Jamie used to get out of the Leadership PIT was to Set Boundaries. List all the areas your boundaries have blurred between your work and your home life. What can you put in place to create better boundaries?
5. Jamie mentions becoming aware of her “red flags” so she can recognize when her boundaries are being crossed again. How will you physically, emotionally, mentally know if your boundaries are being crossed?